

Salads

Power House: Broccoli Florets, Red Pepper Strips, Cherry Tomatoes, Shredded Carrots, Radish, Almonds over Mixed Greens. \$9.25

Chicken Cobb: Grilled Chicken, Tomato, Crispy Bacon, Black Olives, Hard Boiled Egg, Crumbled Gorgonzola, & Avocado over Mixed Greens \$10.75

Grilled Chicken Caesar: Grilled Chicken Romaine Lettuce, Parmesan Cheese & Croutons \$10.50

Chicken Walnut: Grilled Chicken, Walnuts, Apples over Mixed Greens. \$10.50

Waldorf: Sliced Pears, Walnuts, Crumbled Bleu Cheese over mixed Greens. \$8.75

Spinach: Bacon, Sliced Red Onion, Shredded Carrots, Gorgonzola Cheese over Baby Spinach \$8.75

Chef Salad: Ham, Turkey, Salami, Swiss Cheese, Tomato over mixed Greens \$10.75

Antipasto: Salami, Pepperoni, Prosciutto, Provolone Cheese, Artichokes, Black Olives over Mixed Greens. \$10.75

Cranberry Pistachio: Mixed greens, Goat cheese, Pistachio nuts and dried cranberries \$8.75

Garden Salad: Mixed greens, Carrots and Tomato \$8.00

Cranberry Apple: Mixed greens, Apples, Cranberries, and Walnuts \$8.75

Greek Salad: Chopped Romaine, Tomatoes, Cucumbers, Pepperoncini, Kalamato Olives, Red Onion \$8.75

Arugula Salad: Arugula, Parmesan Cheese Chips \$8.75

Sandwiches and Grinders

Italian Combo: Sopressata, Prosciutto, Pepperoni, Deluxe Ham, Provolone, Roasted Red Peppers, Lettuce, Tomato, Balsamic Vinaigrette

Hard Roll: \$12.50 **Grinder:** \$13.75

Homemade potato salad, come slaw, tuna macaroni, rainbow salad, chicken caesar pasta salad, and many more!

	Hard Roll	Grinder
Tuna Salad	\$12.50	\$13.75
Egg Salad	\$10.00	\$12.00
Roast Beef	\$12.50	\$13.75
Chicken Cutlet	\$12.50	\$13.75
Ham	\$12.50	\$13.75
Turkey	\$12.50	\$13.75

Chicken Salads

Apple Walnut Chicken Salad

Curry Chicken Salad

Cranberry Almond Chicken Salad

Original Chicken Salad

Buffalo Chicken Salad

Hard Roll: \$12.50 **Grinder:** \$13.75

Food Allergies

We take food allergies seriously. Soup Thyme's food often contains one or more of the following allergens; Milk, Dairy Products, Eggs, Fish, Shellfish, Peanuts, Almonds, Cashews, Walnuts, Soy & Wheat. Please alert our staff right away so we can try to accommodate your needs.

Health Department

The Health Department recommends eating prepared foods immediately.

If not, keep refrigerated.

Thank You

SoupThyme

"We're more than just soup"

450 Monroe Turnpike
Monroe, CT 06468

Phone: (203) 268-0214

Fax: (203) 268-1073

Monday-Friday: 11am-5pm

Saturday: 11am-4pm

Sunday: Closed

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www.Soupthyme.com

Instagram: @soupthyme

Facebook: Soup Thyme

Email: soup@soupthyme.com

Cards Accepted



Paninis

Full Panini \$12.50

1/2 Panini / Small Soup \$12.50

Thyme Bomb: Roast Beef, Swiss cheese, grilled onions, sautéed mushrooms & Au Jus

Thyme Traveler: Corned Beef, Swiss, Sauerkraut, Russian dressing, on Grilled Rye

Thyme Machine: Roasted Eggplant, Zucchini, Squash, Grilled Onion, roasted red peppers, Feta Cheese, and balsamic

Thyme Saver: Grilled Portobello Mushroom, Fresh Mozzarella, Pesto & Baby Spinach

Thyme Line: Virginia Baked Ham, Fresh Mozzarella, tomato, roasted red pepper with Balsamic vinaigrette.

Thyme Warp: Roast Beef, Cheddar, Caramelized Onions & Horseradish Sauce

Thyme Capsule: Tomato, Fresh Mozzarella, Roasted Red Peppers & Pesto

Thyme Clock: Pepperoni, Salami, Provolone, Roasted Red Pepper & Pesto

Thyme Out: Turkey, Bacon, Swiss Cheese, tomato, Baby Spinach & Russian

Thyme Pleaser: Grilled Chicken, Bacon, Cheddar, Tomato, Mixed Greens & Mayo

Thyme Keeper: Virginia Baked Ham, Swiss cheese, tomato & Honey Mustard

Thyme Served: Roast Beef, Provolone, Tomato, Lettuce, Peppercorn Dressing

Paninis...

Thyme Share: Grilled Chicken, Sundried Tomato, Fresh Mozzarella, Artichokes, Spinach

Thyme Sheet: Chicken Cutlet, Mozzarella Cheese, Marinara Sauce, Parmesan Cheese

Thyme Bandit: Turkey, Jalapeno Jack Cheese, Hot Peppers, Hot Sauce, Ranch

Thyme Files: Chicken Cutlet, Jalapeno Jack Cheese, Hot Sauce, Romaine Lettuce, Bleu Cheese

Thyme Of Death: Buffalo Chicken, Three Pepper Colby Cheese, Hot Sauce, Tomato

Thyme Slot: Sliced Chicken, Cheddar, Japeno Jack Cheese, Bacon, Ranch

Thyme Frame: Sliced Chicken Breast, Ham, Swiss Cheese, Honey Mustard

Thyme Lapse: Roast Beef, Cheddar Cheese, Tomato, Lettuce, Pickles, Mayo

Thyme Spare: Grilled Chicken, Cheddar, Japeno Jack Cheese, Cherry Peppers, Tomato, Mayo

Thyme Passage: Chicken Cutlet, Cheddar Cheese, Tomato, Coleslaw

Thyme Alone: Bourbon Ham, Smoked Cheddar, Caramelized Onions, Apples

Soups

We make 10-18 soups per day!

please visit www.soupthyme.com for
our Soups of the Day!

Small (8oz) \$4.25

Large (16oz) \$7.50

Family (32oz) \$13.75

Paninis...

Thyme Killer: Sliced Chicken, Cheddar, Tomato, Cole Slaw

Thymes Up: Turkey, American, Homemade stuffing, our own cranberry sauce

Thyme Step: Sliced Chicken Breast, Parmesan Cheese, Lettuce, Caesar Dressing

Thyme Away: BBQ Chicken, Cheddar, Caramelized onions, BBQ sauce

Thyme Square: Pastrami, Swiss, Grilled onions with mustard

Thyme Blaster: Roast Beef, Provolone, caramelized onion, and savory Cajun sauce

Thyme Change: Turkey, Colby cheese, Sliced Apples, with Honey Mustard

Thyme Bandit: Turkey, Jalapeno jack cheese, hot sauce, Hot Peppers, and Ranch

Thyme After Thyme: Chicken Cutlet, Fresh Mozzarella, roasted red pepper, with Balsamic

Thyme To Party: Buffalo Chicken, Jalapeño Jack Cheese, Hot Sauce, Ranch

Thyme Table: Smoked Turkey, Gruyere Cheese, Bacon, Peppercorn Dressing

Thyme Of Day: Black Forest Ham, Gruyere Cheese, Tomato, Honey Mustard

Thyme Will Tell: Grilled Portobella Mushroom, Goat Cheese, Balsamic Glaze, Mixed Greens